

# Why Did You Do *THAT*?

Mark 2:23-3:6

## LAST WEEK'S WINNERS:

Jesus only helps those who **need a doctor**.

Jesus did not come to **bless my life**,  
but to **change it**.

## JESUS' VIEW OF RULES:

Mark 2:23-3:6

The Sabbath was primarily for **rest** and **relationship**.

### **Physical** renewal:

Genesis 2:1-3, Exodus 20:8-11, 23:10-12, Leviticus 23:26-32, 25:1-6,  
Numbers 15:32-36, Jeremiah 17:21-27

### **Spiritual** renewal:

Exodus 31:12-17, Isaiah 58:13-14

Man was not made to **obey rules**; rules were made to **help man**.

God's rules are either to **protect**, or **provide** for us.

## TAKING IT HOME:

When it comes to breaking the rules, there is a huge difference between our **needs**, and **wants**.

If we are not **meeting needs**, then we are not **following Jesus**!

## Why Did You Do *THAT*?

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### LAST WEEK'S WINNERS:

Jesus only helps those who \_\_\_\_\_.

Jesus did not come to \_\_\_\_\_,  
but to \_\_\_\_\_.

### JESUS' VIEW OF RULES:

Mark 2:23-3:6

The Sabbath was primarily for \_\_\_\_\_ and \_\_\_\_\_.

\_\_\_\_\_ renewal:  
Genesis 2:1-3, Exodus 20:8-11, 23:10-12, Leviticus 23:26-32, 25:1-6,  
Numbers 15:32-36, Jeremiah 17:21-27

\_\_\_\_\_ renewal:  
Exodus 31:12-17, Isaiah 58:13-14

Man was not made to \_\_\_\_\_; rules were made  
to \_\_\_\_\_.

God's rules are either to \_\_\_\_\_, or \_\_\_\_\_ for us.

### TAKING IT HOME:

When it comes to breaking the rules, there is a huge difference  
between our \_\_\_\_\_, and \_\_\_\_\_.

If we are not \_\_\_\_\_, then we are not \_\_\_\_\_!

## Food for Thought

For the week of March 25, 2007  
(Questions and Scriptures for further study)

1. The Old Testament law made it clear that when the law was broken there needed to be a sacrifice of blood. Hebrews 9:22 says that "without the shedding of blood there is no forgiveness." You can read more about this sacrificial law in Leviticus 4 and 5. Now read the following passages and see how the need for sacrifice is fulfilled in our lives today.

Hebrews 10:1-18

Romans 8:1-4

2. Jesus made it clear in this week's passage that God is more concerned about people and their needs than the religious duties we get hung up on. What do the following passages teach you about the relationship between meeting the needs of others and loving God?

Matthew 25:31-46

Luke 10:25-37

John 15:9-17

1 Samuel 15:22

1 John 4:7-21

Based on these passages, is your understanding of what God is looking for in your life altered or confirmed at all?

3. Pastor Chris spent some time explaining Old Testament Sabbath rules and encouraged us to have "Sabbath" built into our lives as well. Take some time to reflect on where you create margins in your life to be rested, restored and renewed. If that is an area you need to work on, what are some specific ways you could take time to physically, mentally and spiritually recharge?